

REDUCE PAIN & SWELLING WITH THE LATEST COLD COMPRESSION TECHNOLOGY

The Dr Active® cold compression supports are recommended for post-op use and has also a proven effectiveness in the treatment of rotator cuff injuries, SLAP repairs, bursitis, tendonitis, sprains, strains and swelling.

Our cold therapy support is the ideal way to 'ice' the joint whether it be post exercise, injury or as part of a rehabilitation programme. Cold compression therapy will help minimise pain, reduce swelling and maximise rehab potential.

KNEE SUPPORT

Simply attach the refrigerated gel lining. Stick the two tapes on the appropriate position and strap them.

SHOULDER SUPPORT

Simply attach the refrigerated gel lining and adjust the cuff to fit either shoulder using the hook and loop fastenings provided.

ANKLE SUPPORT

Simply attach the refrigerated gel lining. Stick the two tapes on the appropriate position and strap them.

Next attach the pump ensuring that the two-way switch is in the 'on' position. Once the desired inflation level has been reached turn the valve to 'off' and remove.



CE

dr. aktive®
LIVE LIFE



Cold Compression
Therapy

Easy Use

Durable

Lightweight

SUPPORT FOR KNEE, ANKLE & SHOULDER

KNEE SUPPORT
ART. NO DA030101



ANKLE SUPPORT
ART. NO DA030102



SHOULDER SUPPORT
ART. NO DA030103



MATERIALS + BENEFITS

CHARACTERISTICS AND ADVANTAGES

- ✓ Innovative support which uses cold compression therapy to minimise pain and discomfort and reduce swelling.
- ✓ Design incorporating the latest in cold compression technology.
- ✓ Features detachable gel lining which can be placed in fridge/ freezer. Inflation pump with handy two-way cut-off valve.
- ✓ Secure Velcro fastenings for comfortable and adjustable compression and support. Breathable neoprene fabric. Fully washable.
- ✓ Suitable for use to treat sprains and strains, swelling, muscle fatigue, sports and other injuries. Ideal for rehabilitation.
- ✓ Ambidextrous system: All three supports are suitable for both left and right side.

Easy Use

Durable

Lightweight



HOW TO USE STEP BY STEP

SIZE

One size

INDICATIONS

- ✓ Sprains
- ✓ Sport injuries
- ✓ Rehabilitation
- ✓ Arthritis
- ✓ Muscle tiredness



- 1 Refrigerate gel pack at least 2 hours before usage.
- 2 Put the gel pack back on the support after refrigeration.
- 3 Connect the tube to the ON/OFF switch and turn "ON" the switch.
- 4 To get the best effect: ON for 5-10 minutes, OFF for 5-10 minutes to let the skin rest and then repeat.
- 5 Empty it before taking off and then refrigerate for next usage.